

NGCC Menu

Week 1	Breakfast	Snack 1	Lunch	Snack 2	Snack 3
Monday 1/23/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Graham Crackers Cream Cheese Fresh Fruit Slices Milk / Juice	Soy Nut Butter & Jelly On Whole Wheat Bread Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Cracker Hummus Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetables</i> Milk / Juice	Fresh Fruit W/ Dip
Tuesday 1/24/2012	Choice Of Cereal Fresh Fruit <i>*Alternate NGCC</i> Baked Muffin Milk / Juice	Stonyfield Organic Yogurt Fresh Fruit Slices Milk / Juice	Chicken And Brown Rice Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	NGCC Trail Mix Milk / Juice Fresh Fruit Slices Milk / Juice	Fresh Vegetable W/ Dip
Wednesday 1/25/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Whole Wheat Bagel Cream Cheese Fresh Fruit Slices Milk / Juice	Meatballs & Sauce Whole Wheat Roll Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Saltine Crackers Soy Nut Butter Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetables</i> Milk / Juice	Fresh Fruit W/ Dip
Thursday 1/26/2012	Choice Of Cereal Fresh Fruit <i>*Alternate Whole</i> Wheat Bagel With Cream Cheese Milk / Juice	Fresh Fruit Yogurt Dip Milk / Juice	Chicken Nuggets Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Ritz Cracker Soy Nut Butter Fresh Fruit Slices	Fresh Vegetable W/ Dip
Friday 1/27/2012	Choice Of Cereal Fresh Fruit Milk / Juice	NGCC Baked Muffins Fresh Fruit Slices Milk / Juice	Tomato Pasta Cheese Bake Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Pretzels With Cheese Slices Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetable</i> Milk / Juice	Fresh Fruit W/ Dip

Week 2	Breakfast	Snack 1	Lunch	Snack 2	Snack 3
Monday 1/30/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Graham Crackers Cream Cheese Fresh Fruit Slices Milk / Juice	Pasta Primavera With Turkey Whole Wheat Roll Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Cracker Hummus Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetables</i> Milk / Juice	Fresh Fruit W/ Dip
Tuesday 1/31/2012	Choice Of Cereal Fresh Fruit <i>*Alternate NGCC</i> Baked Muffin Milk / Juice	Stonyfield Organic Yogurt Fresh Fruit Slices Milk / Juice	Hamburger On A Whole Wheat Roll Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	NGCC Trail Mix Milk / Juice Fresh Fruit Slices Milk / Juice	Fresh Vegetable W/ Dip
Wednesday 2/1/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Whole Wheat Bagel Cream Cheese Fresh Fruit Slices Milk / Juice	Chicken, Broccoli And Pasta Fresh Fruit Milk	Saltine Crackers Soy Nut Butter Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetables</i> Milk / Juice	Fresh Fruit W/ Dip
Thursday 2/2/2012	Choice Of Cereal Fresh Fruit <i>*Alternate Whole</i> Wheat Bagel With Cream Cheese Milk / Juice	Fresh Fruit Yogurt Dip Milk / Juice	Soy Nut Butter & Jelly On Whole Wheat Bread Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Ritz Cracker Soy Nut Butter Fresh Fruit Slices	Fresh Vegetable W/ Dip
Friday 2/3/2012	Choice Of Cereal Fresh Fruit Milk / Juice	NGCC Baked Muffins Fresh Fruit Slices Milk / Juice	Macaroni & Cheese Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Pretzels With Cheese Slices Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetable</i> Milk / Juice	Fresh Fruit W/ Dip

Week 3	Breakfast	Snack 1	Lunch	Snack 2	Snack 3
Monday 2/6/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Graham Crackers Cream Cheese Fresh Fruit Slices Milk / Juice	American Chop Suey Whole Wheat Roll Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Cracker Hummus Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetables</i> Milk / Juice	Fresh Fruit W/ Dip
Tuesday 2/7/2012	Choice Of Cereal Fresh Fruit <i>*Alternate NGCC</i> Baked Muffin Milk / Juice	Stonyfield Organic Yogurt Fresh Fruit Slices Milk / Juice	Chicken Nuggets Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	NGCC Trail Mix Milk / Juice Fresh Fruit Slices Milk / Juice	Fresh Vegetable W/ Dip
Wednesday 2/8/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Whole Wheat Bagel Cream Cheese Fresh Fruit Slices Milk / Juice	Soy Nut Butter & Jelly On Whole Wheat Bread Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Saltine Crackers Soy Nut Butter Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetables</i> Milk / Juice	Fresh Fruit W/ Dip
Thursday 2/9/2012	Choice Of Cereal Fresh Fruit <i>*Alternate Whole</i> Wheat Bagel With Cream Cheese Milk / Juice	Fresh Fruit Yogurt Dip Milk / Juice	Tomato Pasta Cheese Bake Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Ritz Cracker Soy Nut Butter Fresh Fruit Slices	Fresh Vegetable W/ Dip
Friday 2/10/2012	Choice Of Cereal Fresh Fruit Milk / Juice	NGCC Baked Muffins Fresh Fruit Slices Milk / Juice	Baked Cheese Sandwich On Whole Wheat Bread Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Pretzels With Cheese Slices Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetable</i> Milk / Juice	Fresh Fruit W/ Dip

Week 4	Breakfast	Snack 1	Lunch	Snack 2	Snack 3
Monday 2/13/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Whole Wheat Bagel Cream Cheese Fresh Fruit Slices Milk / Juice	Meatballs & Sauce Whole Wheat Roll Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Saltine Crackers Soy Nut Butter Fresh Vegetable Slices <i>*Infant / Toddler Fresh Fruit or Steamed Vegetables Milk / Juice</i>	Fresh Fruit W/ Dip
Tuesday 2/14/2012	Choice Of Cereal Fresh Fruit <i>*Alternate NGCC Baked Muffin Milk / Juice</i>	Stonyfield Organic Yogurt Fresh Fruit Slices Milk / Juice	Chicken And Brown Rice Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	NGCC Trail Mix Milk / Juice Fresh Fruit Slices Milk / Juice	Fresh Vegetable W/ Dip
Wednesday 2/15/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Whole Wheat Bagel Cream Cheese Fresh Fruit Slices Milk / Juice	<i>~Birthday Day~</i> **Pancake/Sweet Potato Puff Or Whole Grain Pizza Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	NGCC Baked Cup Cakes With Frosting Fresh Vegetable Slices <i>*Infant / Toddler Fresh Fruit or Steamed Vegetables Milk / Juice</i>	Fresh Fruit W/ Dip
Thursday 2/16/2012	Choice Of Cereal Fresh Fruit <i>*Alternate Whole Wheat Bagel With Cream Cheese Milk / Juice</i>	Fresh Fruit Yogurt Dip Milk / Juice	Soy Nut Butter & Jelly On Whole Wheat Bread Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Ritz Cracker Soy Nut Butter Fresh Fruit Slices	Fresh Vegetable W/ Dip
Friday 2/17/2012	Choice Of Cereal Fresh Fruit Milk / Juice	NGCC Baked Muffins Fresh Fruit Slices Milk / Juice	Turkey Franks Whole Wheat Roll Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Pretzels With Cheese Slices Fresh Vegetable Slices <i>*Infant / Toddler Fresh Fruit or Steamed Vegetable Milk / Juice</i>	Fresh Fruit W/ Dip

Week 5	Breakfast	Snack 1	Lunch	Snack 2	Snack 3
Monday 2/20/2012			Closed Staff Development Day		
Tuesday 2/21/2012	Choice Of Cereal Fresh Fruit *Alternate NGCC Baked Muffin Milk / Juice	Stonyfield Organic Yogurt Fresh Fruit Slices Milk / Juice	Soy Nut Butter & Jelly On Whole Wheat Bread Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	NGCC Trail Mix Milk / Juice Fresh Fruit Slices Milk / Juice	Fresh Vegetable W/ Dip
Wednesday 2/22/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Whole Wheat Bagel Cream Cheese Fresh Fruit Slices Milk / Juice	Tomato Pasta Cheese Bake Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Saltine Crackers Soy Nut Butter Fresh Vegetable Slices *Infant / Toddler Fresh Fruit or Steamed Vegetables Milk / Juice	Fresh Fruit W/ Dip
Thursday 2/23/2012	Choice Of Cereal Fresh Fruit *Alternate Whole Wheat Bagel With Cream Cheese Milk / Juice	Fresh Fruit Yogurt Dip Milk / Juice	Chicken & Brown Rice Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Ritz Cracker Soy Nut Butter Fresh Fruit Slices	Fresh Vegetable W/ Dip
Friday 2/24/2012	Choice Of Cereal Fresh Fruit Milk / Juice	NGCC Baked Muffins Fresh Fruit Slices Milk / Juice	**Pancakes W/ Syrup Sausage Fresh Fruit Sweet Potato Puffs Milk	Pretzels With Cheese Slices Fresh Vegetable Slices *Infant / Toddler Fresh Fruit or Steamed Vegetable Milk / Juice	Fresh Fruit W/ Dip

Week 6	Breakfast	Snack 1	Lunch	Snack 2	Snack 3
Monday 2/27/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Graham Crackers Cream Cheese Fresh Fruit Slices Milk / Juice	Soy Nut Butter & Jelly On Whole Wheat Bread Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Cracker Hummus Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetables</i> Milk / Juice	Fresh Fruit W/ Dip
Tuesday 2/28/2012	Choice Of Cereal Fresh Fruit <i>*Alternate NGCC</i> Baked Muffin Milk / Juice	Stonyfield Organic Yogurt Fresh Fruit Slices Milk / Juice	Chicken Patty Whole Wheat Roll Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	NGCC Trail Mix Milk / Juice Fresh Fruit Slices Milk / Juice	Fresh Vegetable W/ Dip
Wednesday 2/29/2012	Choice Of Cereal Fresh Fruit Milk / Juice	Whole Wheat Bagel Cream Cheese Fresh Fruit Slices Milk / Juice	Meatballs & Sauce Whole Wheat Roll Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Saltine Crackers Soy Nut Butter Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetables</i> Milk / Juice	Fresh Fruit W/ Dip
Thursday 3/1/2012	Choice Of Cereal Fresh Fruit <i>*Alternate Whole</i> Wheat Bagel With Cream Cheese Milk / Juice	Fresh Fruit Yogurt Dip Milk / Juice	Baked Cheese Sandwich On Whole Wheat Bread Fresh Fruit Fresh Vegetables W/ Dip Or Steamed Vegetables Milk	Whole Wheat Ritz Cracker Soy Nut Butter Fresh Fruit Slices	Fresh Vegetable W/ Dip
Friday 3/2/2012	Choice Of Cereal Fresh Fruit Milk / Juice	NGCC Baked Muffins Fresh Fruit Slices Milk / Juice	Chicken & Vegetables Sweet And Sour Sauce Brown Rice Fresh Fruit Milk	Pretzels With Cheese Slices Fresh Vegetable Slices <i>*Infant / Toddler</i> <i>Fresh Fruit or Steamed</i> <i>Vegetable</i> Milk / Juice	Fresh Fruit W/ Dip

Next Generation Children's Centers

Menu Notes

Menu subject to change, due to availability of food.

Please inform school management if your child has a known food allergy.

Lunch alternates are as follows:

Plain or buttered pasta

Soy nut butter and/or jelly

Cereal

Beans (Garbanzo or Pinto)

Boca burger

Please advise your child's teacher if you want an alternate lunch for your child that day.

Additional Notes:

All toddler snacks are served with milk. All preschool thru Kindergarten snacks are served with filtered water.

All crackers are served with a protein topper and fresh veggie or fruit.

Menu item's marked with ** contain egg.

